

EASTERN COUNTIES



CYCLING ASSOCIATION

25 miles Time Trial

for Solos and Tandems

to be held on

Sunday 5th September 2021

Course E9/25 ~ Start at 9.00 am

Timekeeper

Trevor Pedley

Awards

SCRATCH: 1st: Boxed Medal. 2nd: Gilt Medal. 3rd: ECCA Medal.

HANDICAP: 1st: Boxed Medal. 2nd: Gilt Medal. 3rd: ECCA Medal.

WOMEN: 1st: ECCA Medal.

TEAM: 1st Team of Three: ECCA Medals.

Event Headquarters

Chelmer Club Hut, Meteor Way, Chelmsford, CM1 2RL

Event Secretary: Rob Young, 3 Ridgeway, Hutton. CM13 2LS
Mobile: 07802 839714 Email: rob.young@containertrans.co.uk

Organiser on the day: Keith West
Mobile: 07952 910044 Email: keith@questronics.co.uk

COURSE DETAILS E9/25

Grid References Start: TL677076 Finish: TL675076

Interactive map: https://www.easterncounties.org.uk/maps.html?E9_25

START on A1060 at western edge of drain adjacent to TP260 which is 210 yards west of Lordship Road (approximately 2.5 miles west of Chelmsford). Proceed along A1060 through Margaret Roding to Leaden Roding (M) (6.85m). Turn right **WITH GREAT CARE** onto B184 and continue through High Roding to turn around small roundabout at Clapton Hall Lane (M) (12.6m). Retrace through High Roding and Leaden Roding (M) (18.35m), turn along A1060 through Margaret Roding to **FINISH** at a drain which is opposite the entrance to 'Valley Way' bungalow. **Note: Start is 2 miles from Race HQ – see [map](#) for details.**

NB: See Regulation 4.6.1 alongside.

Because of parked cars you should take extreme care when passing through High Roding village. Be advised that the turn at Clapton Hall Lane is a very tight roundabout and can be treacherous if wet.

At all roundabouts riders must give a clear signal as to their intended route and give way to traffic from the right.

In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a HARD SHELL SAFETY HELMET that meets an internationally accepted safety standard. ALL juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.

Riders are reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

NO LIGHT – NO RIDE

LONDON EAST LOCAL REGULATIONS

4.6.1 Any rider passing to the right of the painted circle at Leaden Roding mini roundabout will be disqualified from the event and reported to the District Secretary for consideration of disciplinary action.

4.8.2 No U-Turns are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

4.8.4 Static Trainers. In respect of consideration for local residents the use of static trainers, e.g. turbo trainers, is banned from all morning events held in London East District.

4.8.5 Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

RIDERS' NOTES

The event has been handicapped using the Standardised Handicapping System modified for ECCA events. Please notify Organiser of any improvement in PB.

No parking at either the start or finish except for timekeepers. Parking must not be on A1060 but in old road opposite and ½ mile before finish.

Headquarters opens 7.30 am. **Park in the Meteor Way Car Park:- there is a £1 fee, pay by card or phone but not coins.** See link for [details](#).

Body numbers will be available at the Event HQ and must be personally signed for after reading any special course instructions.

All competitors are reminded to personally sign the signing-out sheet when returning their number, otherwise they may be recorded as DNF.

Hopefully there will be results and also drinks and light refreshments available in exchange for your number.

There is a Charity/Sportive event in the area on Sunday and its route crosses the 25 course in a few places. The later start time for the 25 has been chosen to minimize any effect from the sportive.

For full details of future ECCA events and results of past events and the season long competitions, go to www.easterncounties.org.uk where you will find this information plus lists of officials and member clubs.

Solos						
No	Start	Name	Club/Team	Cat	Hcap	PB
1	09:01	Antonio Paolino	Essex Roads CC	V	25:59	1:07:50
2	09:02	Tony Summers	Athlon CC	V	15:52	56:59
3	09:03	Karen Ayles	Maldon & District CC	WV	23:34	1:05:14
4	09:04	Barry O'Hare	Southend Wheelers	V	*	
5	09:05	Matthew Saunders	Team Vision Racing - Silverhook	V	11:40	52:29
6	09:06	David Warlow	Essex Roads CC	V	12:34	53:27
7	09:07	Andrew Wenham	Shaftesbury CC	V	17:57	59:13
8	09:08	Lisa Lait	Peterborough CC	WV	23:31	1:05:11
9	09:09	Emma Flin	Shaftesbury CC	WV	30:32	1:12:42
10	09:10	Jonny Allen	Islington Cycling Club	S	8:54	49:32
11	09:11	David Nearney	Cycling Club Hackney	S	13:45	54:43
12	09:12	James Lonergan	Southend Wheelers	S	16:48	58:00
13	09:13	Geoff Bores	Ford CC	V	20:49	1:02:18
14	09:14	Steven Flin	Shaftesbury CC	V	24:37	1:06:22
15	09:15	Nicholas Knight	Hart Performance Coaching	V	10:40	51:25
16	09:16	Scott Beard	Shaftesbury CC	V	14:10	55:10
17	09:17	Sebastian Harrison	Islington Cycling Club	S	17:18	58:32
18	09:18	Jonathan Whitwam	Shaftesbury CC	V	23:21	1:05:01
19	09:19	Matthew Clements	**UpShift Nutrition Race Team	S	*	
20	09:20	Samuel Thienel	Shaftesbury CC	S	8:55	49:33
21	09:21	Murat Ozdenya	Team Vision Racing - Silverhook	V	12:36	53:30
22	09:22	Julia Freeman	Easterley Road Club	WV	16:48	57:59
23	09:23	Philip Hodey	Shaftesbury CC	V	19:06	1:00:27
24	09:24	Dan Walsh	Southend Wheelers	V	24:16	1:06:00
25	09:25	Will Lowden	CC Sudbury	J	10:28	
26	09:26	Ian Braybrook	Basildon CC	V	13:50	54:49
27	09:27	Stephen Murphy	Shaftesbury CC	V	16:58	58:10
28	09:28	Barry Neal	Ciclos Uno	V	22:39	1:04:16
29	09:29	Cavan Burrows	Southend Wheelers	J	27:14	1:09:10
30	09:30	David Harding	Chelmer CC	V	7:57	48:31
31	09:31	Mark Edmonds	Shaftesbury CC	V	14:21	55:22
32	09:32	Rob Chaplin	East London Velo	V	15:37	56:43
33	09:33	Thomas Platts	Aspire Velo Racing Team	S	19:01	1:00:22
34	09:34	Nick Howick	Shaftesbury CC	S	21:17	1:02:48
35	09:35	Terry Garlinge	Easterley Road Club	V	10:27	51:11
** = Club not affiliated to ECCA. Rider not eligible for awards						

Tandem				
No	Start	Name	Club/Team	Cat
37	09:37	Dean Lubin	Team Vision Racing - Silverhook	V
		John Iszatt		V